

# U.P. Vets

# SERVED

A Program for U.P. Veterans & Military Families

*Health and Wellness Program  
brought to you by SAIL*



**FIVE**  
ONE IN FIVE ANNUAL APPEAL

## What is U.P. Vets SERVED?

**U.P. Vets SERVED** is a health and wellness program that hosts events around the beautiful U.P. to foster camaraderie in a welcoming and engaging environment for veterans and military families.

All wellness events are at no cost to participants due to the generous donations of the SAIL One in Five Annual Appeal. Thank you for giving back to those who have given so much for us.

*Events are hosted regularly throughout the various U.P. communities. To find an upcoming event near you, please visit:*  
[www.upsail.org/events/](http://www.upsail.org/events/)

## Register today!

Contact us by:

Phone: (906) 228-5744

Email: [upvetsserved@upsail.org](mailto:upvetsserved@upsail.org)

Website: [www.upsail.org](http://www.upsail.org)  SAILDNUP

